

# “Farming with Nature: Where Do You Start?”

A practical starting point for  
transitioning to better, more  
resilient farming systems

**Have you been thinking about moving toward organic, regenerative, or agroecological farming – but unsure if now is the right time?**

Right now, the reality is this: Farming is changing faster than ever before.

Global instability, rising fuel prices, and ongoing supply chain disruptions – particularly around chemical fertilisers – are placing increasing pressure on farmers across South Africa.

The recent challenges around the availability and pricing of products like Urea, LAN, MAP, and DAP are not short-term anomalies. They are signals of a deeper shift in global agriculture.

And with that shift comes an important question:

**How do you farm profitably when your input costs are unpredictable and your supply is uncertain?**

## **A Different Way of Thinking About Farming**

For decades, conventional farming has relied on a familiar model:

Plough → Apply synthetic fertilisers → Control weeds chemically → Spray preventatively → Hope for a good yield.

While this approach has delivered results, it has also created increasing dependency on imported, petrochemical-based inputs – inputs that are now becoming more expensive, less available and which exposes the future of crop farming to high risk.

This is where a new opportunity emerges.

*Talborne Organics*  
Growing Health



[www.talborne.co.za](http://www.talborne.co.za)

Across Southern Africa and globally, leading farmers are beginning to rethink their systems – moving toward soil-first, agroecological approaches that prioritise long-term resilience, profitability, and sustainability.

**This is not about going backwards. It's about farming smarter, with nature – not against it.**

## Why This Shift Matters Now

The current global situation has exposed a critical vulnerability in modern agriculture:

- Heavy reliance on imported inputs
- Exposure to currency volatility
- Rising fuel and logistics costs
- Increasing pressure on margins

At the same time, soils that have been pushed hard for years are showing signs of fatigue – reduced organic matter, lower biological activity, and declining efficiency of nutrient uptake.

The result?  **Higher input costs for lower returns.**

**Agroecological farming offers a different path – one that focuses on rebuilding soil health, improving nutrient efficiency, and reducing dependency on external inputs over time.**

## Can This Work at Commercial Scale?

There is a common perception that organic or regenerative farming is only suited to small-scale or niche operations.

This is simply not true.

Across Southern Africa and internationally, there are commercial farms – ranging from 40 hectares to over 1,500 hectares – successfully implementing these systems at scale.

These farmers are not chasing short-term yield at any cost. They are building resilient farming systems that:

- Improve soil fertility year-on-year
- Increase water efficiency
- Support plant health naturally
- Deliver consistent, high-quality yields

## How to Start Transitioning Your Farm

### 1. Start with Knowledge and Planning

Proper planning prevents poor performance.

Take the time to understand the principles of agroecological farming and soil health. There are excellent local resources available:

- SAOSO Knowledge Hub
- PGS South Africa
- RegenSA
- [Talborne Organics Learning Centre](#)

Engage with farmer study groups and connect with experienced growers who have already started this journey.

 **One of the biggest success factors is mindset: A willingness to learn, adapt, and think differently about farming systems.**

## 2. Understand Your Market Opportunity

Demand for certified organic and sustainably produced crops is growing – both locally and internationally

High-demand categories include:

- Citrus, fruit, nuts, berries, and wine
- Vegetables, herbs, and leafy greens
- Essential oils and medicinal crops
- Grains, dairy, and pasture-based systems

In many cases, value-adding and processing can significantly improve profitability and create more stable income streams.

## 3. Build Your System Around Strong Foundations

Successful farming – organic or conventional – always comes back to basic foundations:

- Climate suitability
- Soil fertility and qualities
- Water availability and quality
- Infrastructure and labour
- Market access and pricing

These basics become even more important when transitioning systems.

## 4. Measure and Improve Your Soil

Soil is the starting point.

Start with proper soil and water analysis from a reputable laboratory to understand:

- Reserve of Nutrients and Carbon content
- Soil chemistry
- Biological activity
- Physical structure

Water quality is equally critical – salts, bicarbonates, and contaminants can significantly impact crop performance.

From there, build a targeted soil improvement strategy focused on:

- Restoring balance
- Increasing organic matter
- Supporting microbial life



## 5. Understand Organic Certification (If Applicable)

If you are aiming for certified organic markets, engage with certification bodies early in the process.

Most farms will go through an “in-conversion” period (typically 3–5 years) before achieving full certification.

However, it is important to note:

-  **You can implement soil health and regenerative practices without formal certification and still benefit significantly from improved sustainable farming from soil fertility.**

## 6. Choose Inputs Carefully

Not all “organic” Fertilizers are equal. Work with trusted suppliers and ensure:

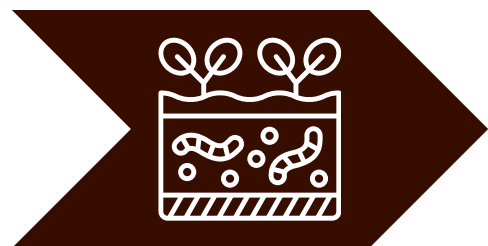
- Products are certified and approved
- Claims are backed by credible data
- Inputs align with your target market standards

***Be cautious of misleading claims – especially in a market where demand for organic fertilizer alternatives is increasing rapidly.***

## The Foundations of a Successful System

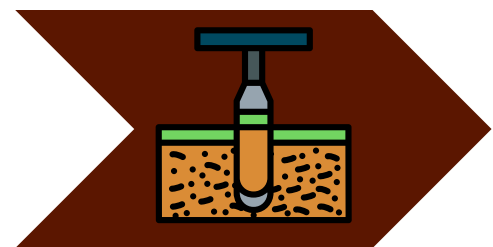
### Protect and Build Living Soil

- Minimise disturbance
- Increase and protect beneficial, microbial life
- Use cover crops and mulching



### Balance Soil Chemistry

- Correct imbalances and deficiencies
- Improve nutrient availability and uptake



### Improve Soil Structure

- Increase water infiltration and retention
- Reduce compaction
- Promote root development



## The Result: A More Resilient, Profitable Farm

Farming with nature is not just about sustainability – it's about risk management and long-term profitability.

By investing in soil health, farmers can:

- Reduce reliance on expensive external inputs
- Improve nutrient efficiency
- Build resilience against climate and market volatility
- Produce healthier crops with greater consistency



In contrast, continued dependence on imported petrochemical inputs exposes farms to:

- Supply chain disruptions
- Price shocks
- Currency fluctuations
- Increasing production risk



## The Bottom Line

Global agriculture is entering a new phase.

The farmers who adapt early – by building healthier soils and more resilient systems – will be best positioned to succeed in an uncertain future.

This is not a crisis. It's a turning point.

## Let's Grow Together

If you're exploring how to transition your farm or reduce your reliance on chemical inputs, our technical team is here to help.

 **Speak to our Talborne Organics Team about building a soil-first fertility strategy tailored to your farm.**

**Healthy Farms = Healthy Futures**



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